



ECB COACH GUIDANCE FOR SUPPORT COACHES

THE ROLE OF 'SUPPORT COACH'

As you are well aware from your own development as a coach, the support of others at all stages of your development is of vital importance. Recognising this importance, the ECB has built into the coach education process the requirement for coaches to work with 'Support Coaches', as they practice their coaching skills to provide both a safe environment and a learning experience. These 'Support Coaches' must be qualified at least at ECB II or UKCC II level.

The trainee coach who has approached you for support has completed the tutored stage of the Level 2 Certificate in Coaching Cricket (ECB Coach Award) course and is now embarking on his/her required 'supported practice'. They will share with you their current needs and the coaching process skills they are focusing on and how you may support them.

If you agree to act as a 'Support Coach', you may have one or several of your sessions either observed by the trainee coach, or you may permit the trainee coach to take a unit or units of activity, or you may permit the trainee coach to take the whole session, under your observation. Here is how your involvement will help the trainee coach:-

PRIOR TO THE SESSION

- ✓ Agree the role that the trainee coach will play (observation/lead components) and confirm group size, composition, facilities and equipment.
- ✓ Agree components the trainee coach will lead (if appropriate) including their personal and your goals for the session. Identify any areas on which the trainee coach has specifically asked for your feedback.
- ✓ Agree your role as the support coach during and after the session, using an observation sheet if appropriate.

AFTER THE SESSION

Discuss the trainee coach's contribution and your observations as the 'Support Coach', using the following suggested format:-

- ✓ You ask the trainee coach what went well in achieving his/her goals and why.
- ✓ Ask the trainee coach what did not go so well in achieving goals and why.
- ✓ You offer any objective information to assist the trainee coach's reflection and analysis, working again from what went well to areas that perhaps went less well.
- ✓ Ask the trainee coach what s/he has learnt from the session and discussion.
- ✓ Ask the trainee coach what s/he now plans to work on after the session.
- ✓ You help the trainee coach to develop an action plan to focus on how to make the change.
- ✓ Sign the trainee coach's support practice logbook session evaluation pages adding comments to assist learning.

On behalf of the trainee coach and the ECB/Hertfordshire County Coaches Association, thank you for taking the time to assist with the development of ECB Coaches.

SESSION CHECKLIST

Candidate Name:..... Date of Session:.....

Location:.....

PRIOR TO THE SESSION	Yes	Comments
Did you and the trainee coach agree the role that the trainee coach will play during the session and confirm group size, composition, facilities & equipment?		
Did you agree the components the trainee coach will lead (if appropriate) including their personal and your goals for the session. Identify any areas on which the trainee coach has specifically asked for your feedback?		
Did you and the trainee coach agree your role as the support coach during and after the session?		

AFTER THE SESSION	Yes	Evaluation Feedback
Did you ask the trainee coach what went well in achieving his/her goals and why?		
Did you ask the trainee coach what did not go so well in achieving goals and why?		
Did you offer any objective information to assist the trainee coach's reflection and analysis, working again from what went well to areas that perhaps went less well?		
Did you ask the trainee coach what s/he has learnt from the session and discussion?		
Did you ask the trainee coach what s/he now plans to work on after the session?		
Did you help the trainee coach develop an action plan to focus on how to make the change?		
Have you signed the trainee coach's support practice logbook session evaluation pages adding comments to assist learning?		